

Story of Sanitary Pads

By [admin](#) May 21, 2013

WHO USED THE FIRST MENSTRUAL PAD?

It is believed that in Ancient Greece during 10th century, a woman named Haptia threw a piece of menstrual pad towards a man as a part of her reaction when she was called by him. During her times, women used rag cloth, sheep wool sometimes wrapped around small wooden piece or used moss, animal skins & grass.

WHO INVENTED SANITARY NAPKINS?

It is said that nurses thought of disposable pads to stop excessive bleeding during battle field. Another story goes is that Benjamin Franklin created pads to help stop wounded soldiers & that is how sanitary napkins came into existence.

THE FIRST COMMERCIAL DISPOSABLE PADS:

Lister's Towel made by Johnson & Johnson were the first commercial product.

KOTEX- THE BRAND OF FEMININE HYGIENE:

Kotex was launched in 1920s by Kimberly-Clark to make use of leftover cellu-cotton (wood pulp fibre) from World War One bandages. An employee

noted that the pads had a "cotton-like texture" which was abbreviated to "cot-tex" and then made the product name with alternate spelling.

ERA OF MODERN SANITARY NAPKINS:

With the invention of Proctor & Gamble's extra absorbent tampon in 1978, synthetic disposable pads got revolutionised & it became a more than million dollar business world over.

THE TOXIC SHOCK SYNDROME:

With the use of commercially made synthetic super absorbent tampons, it was found that menstruating women developed overgrowth of Staphylococcus aureus bacteria due to the release of toxins from this product.

SANITARY PADS MEANS CHEMICAL SOUP:

Artificial colours, polyester, adhesives, polyethylene (PET), polypropylene and propylene glycol (PEG), BPA (Bisphenol A), BPS (Bisphenol S), odour neutralisers & fragrances, different types of phthalates like DEHP & BEHP, methylene chloride, toluene, and xylene etc are used which are hormone disruptors, cancer causing, increase birth defects, dryness and infertility & show many side effects too.

SANITARY PADS VERSES SANITATION:

The modern day synthetic napkins are not only a matter of concern for health of women but also for health of environment. Disposing the used menstrual pads is a big challenge world over especially for developing countries like India.

ECO FRIENDLY & REUSABLE PADS:

Nowadays, Many small scale industries have come up with napkins which are economic, health oriented, hygienic & nature's friend too. But in spite of all this there is a huge class of females world over who are still unaware about their menstrual health & hygiene & are not able to make up to help themselves reach any type of menstrual pad even today...